



# PG DEPARTMENT OF COUNSELLING PSYCHOLOGY

**SACRED HEART COLLEGE (AUTONOMOUS)**

A Don Bosco Institute of Higher Education, founded in 1951 \* Affiliated to Thiruvalluvar University, Vellore.  
Accredited by NAAC (3<sup>rd</sup> Cycle) with CGPA of 3.43/4 at 'A' grade

## **MEMORANDUM OF UNDERSTANDING (MOU)**

*between*

PG AND RESEARCH DEPARTMENT OF COUNSELLING PSYCHOLOGY, SACRED HEART  
COLLEGE (AUTONOMOUS) TIRUPATTUR, [Party A]

*and*

ATMAMITRA CENTRE FOR GUIDANCE AND COUNSELING OF STUDENTS, KERALA  
KALADY. [Party B]

This is an agreement between "Party A", hereinafter called FIRST PARTY and "Party B", hereinafter called SECOND PARTY.

### **I. PURPOSE & SCOPE**

The purpose of this MOU is to clearly identify the roles and responsibilities of each party as they relate to enhance the number seminars, conferences and courses offered to the FIRST PARTY.


In particular, this MOU is intended to:

- Enhance the quality of courses offered
- Increase the numbers of certificate courses
- Establish good understanding in sharing of resource in education
- Share the intellectual resource.

### **II. BACKGROUND**

First Party, PG and Research Department of Counselling Psychology, Sacred Heart College (Autonomous), established in 2014, is affiliated to Thiruvalluvar University, Vellore Dt. offering M. Sc. in Counselling Psychology, a two- year full-time, choice-based semester programme and is offered to graduate students. The course includes a spectrum of self-developmental skills and application-oriented subjects and training in the skills required to become experts in counselling. The uniqueness of this course is that the students will be exposed to learning through field practicum, internship and will be equipped with job-related social and technical skills, counselling theory and skills, counselling children with special needs, advanced statistics in behavioural sciences, psychological assessment, case analysis, health management and psychological wellbeing, corporate counselling and behaviour modification.





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Through well-equipped psychometric lab, students learn the assessment of intelligence, personality, attitude and other psychopathological issues. The department provides certificate programs for all postgraduate students. Students are encouraged to attend workshops, conferences and training programmes.

**Second party, Atmamitra Centre for Guidance and Counseling of Students** is a Kerala Jesuit initiative working on Sameeksha campus at Kalady in Ernakulam District of Kerala. The Centre was set up as a memorial of the Silver Jubilee Celebrations of the Sameeksha Indian Spirituality Centre, situated on the same campus. It was inaugurated on the 1st of January 2012. The centre was founded by Fr. Henry Pattarumadathil, S.J., the then Superior of Sameeksha Jesuit community. Fr. Henry himself served as its first Director and Fr. Dollychan, S.J. served as Assistant Director. They provided a much required base at the local level and established a strong support team with Mrs. Philo Thankachan, Headmistress, St. Sebastian's High School, Kanjoor as the Chief Animator. They started off with the Tech Seminars for students on Second Saturdays and Centre based programmes. One Seminar was also organized for parents on issues in parenting teenagers.

On the 22nd of March 2012, Fr. Toby Joseph, S.J. took over as the Director of the Centre. The reach of the programme increased with a large number of campus based programmes, tele-counseling, centre based summer programmes and centre based counseling and guidance facility. In November 2012, two counselors, Sr. Judit, CPS and Ms. Anu Thomas joined the team to support its counseling services and training initiatives. Mr. Sajimon P.T. and Mr. Tojin Jose started serving it as part time Team members. The team further expanded itself by adding three more team members between July and September 2013. Ms. Bella Jose, Mr. Praise Pious and Ms. Tisha Abraham were the new members.

### III. FIRST PARTY RESPONSIBILITIES UNDER THIS MOU

First party shall undertake the following activities:

- Every year Second year Students would participate in the NLP (Neuro-Linguistic programme)
- Second Year students are sent for the one month internship programme
- Collaborate in National seminars and conferences



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### IV. SECOND PARTY RESPONSIBILITIES UNDER THIS MOU

Second Party shall undertake the following activities:

- NLP (Neuro-Linguistic programme)
- Offer Internship programme
- Collaborate in National seminar or conference

### V. IT IS MUTUALLY UNDERSTOOD AND AGREED BY AND BETWEEN THE PARTIES THAT:

1. There would modification of programme or courses according to the time constrain and the availability of the personnel.

2. The MoU time period is five years which agreed upon the understanding of the First Party and Second party and it will be renewed after the termination.

### VI. FUNDING

This MOU does not include the reimbursement of funds between the two parties.

### VII. EFFECTIVE DATE AND SIGNATURE

This MoU shall be effective upon the signature of Parties A and B authorized officials. It shall be in force from 01.06.2019 to 30.03.2024

Parties A and B indicate agreement with this MOU by their signatures.





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## Signatures and dates

[PG and Research Department of  
Counselling Psychology,  
Sacred Heart College (Autonomous)  
Tirupattur]

Date: 03/03/2020

[Atmamitra, Kalady]  
(Guidance and Counseling of Students,  
Jesuits Institute)

Date: 03/03/2020

Seal  
Head of the Department,  
PG Dept. of Counselling Psychology,  
SACRED HEART COLLEGE (Autonomous)  
Tirupattur, (Vellore Dt.)  
Tamil Nadu - 635 601.

